



GEAR LIST – WOMBAT

This list is intended as a guide for a 7 day *Wombat* trip during October through April. You will need the cold weather items – even in Tasmania's summer!

ESSENTIAL PAPERS

- International & domestic air tickets and any other travel documents
- Travel insurance papers (ACTIVE AUSTRALIA highly recommends purchasing travel insurance)
- Passport - must be valid for *at least* 3 months after arrival into Australia
- VISA/Electronic Travel Authority (ETA) for Australia - <http://www.eta.immi.gov.au/>
- Credit/debit cards, travelers checks, Aussie cash
- ACTIVE AUSTRALIA Trip Summary - containing pick up location & emergency contact numbers
- ACTIVE AUSTRALIA Brochure & *Wombat* trip itinerary

RECOMMENDED LUGGAGE

1 x large backpack (required for multi-day hike so you might as well bring your gear in it!) We can store the rest of your gear while you're on the multi-day hike.

ESSENTIAL GEAR

- 1 x large backpack (approx 3,500-4,500ci/60-70 liters, required for multi-day hike - see below for more details under multi-day hike)
- 1 x pack liner – required to keep your gear dry during multi-day hike
- 1 x sleeping bag – required for multi-day hike, ~45°F/7°C (see below for more details)
- 1 x day pack/Camelback – to carry your raingear, fleece, camera, water & personal items
- 1 x hiking boots – sturdy, with good ankle support & tread, comfortable & worn in
- 1 x sandals/running shoes – for casual wear (e.g. Tevas, Chacos or similar)
- 1 x rain jacket – medium weight with a hood (e.g. Gortex, PreCip)
- 1 x rain pants – light/medium weight (e.g. Gortex, polyester), optional but highly recommended
- 1 x medium/heavy-weight fleece/jacket
- 2 x light-weight fleeces/sweaters
- 2 x sets of long thermal underwear – top & bottom (e.g. polypropylene, capilene, smartwool)
- 2 x pair shorts
- 2 x pair long pants
- 2 x t-shirts
- 2 x long-sleeve shirt
- 1 x warm hat (e.g. wool/fleece ski hat)
- 1 x warm gloves (e.g. wool/fleece gloves)
- 3-4 x pair underwear
- 3-4 x pair warm hiking socks
- 1 x pajamas/nightwear
- 1 x swim suit – for swimming
- 1 x towel – for swimming
- 1 x sun hat (e.g. baseball cap)
- 1 x sunglasses
- 1 x camera, film/memory cards & batteries/charger (240V with NZ plug adapter)
- 1 x insect repellent – for sandflies and mosquitoes
- 1 x sun-block – 15-30 SPF recommended for New Zealand conditions at all times of year
- 2 x 1 quart/liter water bottles or hydration system (e.g. CamelBack)
- 1 x flashlight/headlamp
- 1 x toiletries bag – you'll need your own shampoo/conditioner, soap, toothbrush/paste, prescription medications/lenses, razors, feminine hygiene products etc.
- 1-2 trekking poles, extendable – recommended for those with bad knees, but not essential
- 1 x alarm clock

FABRIC NOTE: If possible, we recommend pants, shorts & t-shirts made from quick-drying, non-cotton fabrics for all the activities on our trips. This is because cotton clothing tends to retain water when wet (due to rain, humidity or perspiration) which usually results in making you cold and uncomfortable - the last thing we want you to be! If you don't already own some, at least one or two quick-dry t-shirts would be a worthwhile purchase for this trip.

PACKING FOR THIS TRIP

This list is intended as a guide for a 7 day *Wombat* trip. You'll be able to do laundry at least once during the trip so that may help with your packing. Layering clothing works very well in Tasmania as the weather can sometimes change quite considerably throughout the day.

MULTI-DAY HIKE ON OVERLAND TRACK

We'll be doing a three-day/two-night trip on the Overland Track, staying in remote, public-use huts with basic facilities, such as long drop bathrooms. The night before we head into the hut you'll divide your gear in two. As a guide you'll need hiking clothes, fleece, gloves, hat, rain gear, 1-2 quarts/liters of water, 2lb/1kg of group food, sleeping bag and large backpack to fit everything inside (we don't recommend strapping sleeping bags on the outside of your pack due to the high humidity

ACTIVE AUSTRALIA – ACTIVE NEW ZEALAND – ACTIVE SOUTH AMERICA

PO Box 368, Ithaca, NY 14851-0368, USA – Ph 800 500 3398 – Fax 1 603 251 1051

PO Box 972, Queenstown, New Zealand – Ph 800 661 9073 or +64 3 450 0414 – Fax +64 3 409 0119

in Tasmania). A large backpack of approx 3,500-4,500ci/60-70 liters is ideal. The rest of your gear/duffle bag will be stored securely for you in our vehicle until you return.

OPTIONAL ITEMS

- Personal first aid kit (e.g. second skin, if you are prone to blisters)
- Money belt/pouch for valuables (For transit only, NZ is generally a very safe country)
- Reading material, pocket knife, alarm clock, binoculars etc.
- Nice jeans/khakis/skirt (for Auckland, Christchurch, Queenstown etc.)
- Hairdryer (240V with NZ/Australian plug adapter)

SUPPLIED/UNREQUIRED ITEMS (ACTIVE AUSTRALIA will provide where needed)

- Plates/cutlery/cooking equipment
- Laundry detergent
- First aid equipment
- Navigational equipment
- Water purification equipment/chemicals – you can drink straight from most NZ streams

If you have any further questions about your trip, please see the following link:

Further Questions: <http://www.activeaustralia.com/questions.php>

If you still can't find the answers you're looking for please email Sophie in Client Services sophie@activeaustralia.com - she'd be happy to help you out!